SCHOOL SAMPLE MENU

D = CONTAINS DAIRY E = CONTAINS EGGS

				E - CONTAINS EGGS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mar. 1	2	3	4	
Popcorn Chicken	Whole Grain Pancakes	Bread & Cheese Stick D	BBQ Ribwich	<u>Pizza Slice</u>
Wheat Roll	Sausage Links	Dipping Meatsauce	Soft Wheat Roll	Tossed Salad
Steamed Corn	Tator Tots	Cucumber Slices	Baked Beans	Cherry Tomatoes
Mandarin Orange Sections	Sliced Pears	Fresh Fruit	Peaches	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
8	9	10	11	12
Chicken Patty Sandwich	<u>Rotini Pasta</u>	<u>Grilled Hamburger</u>	<u>Chicken Fries</u>	<u>Pizza</u>
Soft Wheat Roll	Meat Sauce	on Wheat Roll	Vegetarian Baked Beans	Tossed Salad
Steamed Carrot Coins	California Mixed Vegetables	Lettuce & Tomato/Tater Puffs	Celery Sticks	Broccoli Flowerettes
Pineapple Chunks	Sliced Peaches	Fresh Fruit	Fresh Fruit	Peaches
Milk	Milk	Milk	Milk	Milk
15	16	17	18	19
WG French Toast Sticks	Breaded Chicken Filet Sandwich	Bread & Cheese Stick D	Chicken Nuggets	<u>Pizza Slice</u>
Sausage Patty	on Soft Wheat Roll	Pizza Sauce	Steamed Corn	Tossed Salad
Baby Carrots w/ Ranch Dip	Tater Tots	Mixed Vegetables	Broccoli Flowerettes	Cherry Tomatoes
Fresh Fruit	Sliced Pears	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
22	23	24	25	26
Mac & Cheese	Popcorn Chicken	Grilled Cheese w/ tomato D	Baked Ziti - D	<u>Pizza</u>
Steamed Broccoli	Mashed Potatoes D	on Wheat Bread	Wheat Dinner Roll	Tossed Salad
Baby Carrots w/ Ranch Dip	Wheat Dinner Roll	Steamed Carrots	Steamed Green Beans	Cucumber Slices
Fresh Fruit	Fresh Fruit	Fresh Fruit	Sliced Peaches	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
29	30	31		
Popcorn Chicken	Whole Grain Pancakes	Bread & Cheese Stick D		
Wheat Roll	Sausage Links	<u>Dipping Meatsauce</u>		
Steamed Corn	Tator Tots	Cucumber Slices		
Mandarin Orange Sections	Sliced Pears	Fresh Fruit		
Milk	Milk	Milk		