

DAY CARE SAMPLE MENU

D = CONTAINS DAIRY

E = CONTAINS EGGS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Mac & Cheese D/E</u> Steamed Broccoli Pears Milk	<u>Popcorn Chicken</u> Mashed Potatoes D Pineapple Chunks Milk	<u>Pierogies</u> <u>with Meat Sauce</u> Steamed Green Beans Banana Milk	<u>Meatball Sub</u> Soft Wheat Roll Roasted Potato Wedges Peaches Milk	<u>Pizza Wedge D</u> Cucumber Slices Fresh Apple Wedges Milk
<u>Chicken Tenders</u> Dipping Ketchup Steamed Corn Mandarin Orange Sections Milk	<u>Grilled Hamburger</u> on Wheat Roll Tator Tots Sliced Pears Milk	<u>Baked Ziti - D</u> Wheat Dinner Roll Steamed Green Beans Banana Milk	<u>Grilled Cheese Sandwich D</u> on Wheat Bread Cucumber Slices Unsweetened Applesauce Milk	<u>Whole Grain Pancake E</u> Turkey Sausage Links Hash Brown Patty Mixed Fruit Milk
<u>Chicken Fries</u> Steamed Green Beans Apple Wedges Milk	<u>Turkey Burger</u> Soft Wheat Roll Tater Puffs Banana Milk	<u>Pancake Sausage on a Stick</u> Hash Brown Patty Sliced Peaches Milk	<u>Sloppy Joe</u> Soft Wheat Roll Baked Beans Pineapple Chunks Milk	<u>Mac & Cheese</u> with Diced Ham Steamed Broccoli Mixed Fruit Milk
<u>Bread & Cheese Stick D</u> Dipping Meatsauce Mixed Vegetables Fresh Orange Slices Milk	<u>Chicken Parmesan Sandwich</u> on Wheat Roll Steamed Broccoli Banana Milk	<u>Taco Salad</u> Taco Meat, Shredded Cheddar Diced Tomatoes, Shred Lettuce Tortilla Chips/ Orange Slices Milk	<u>BBQ Ribwich</u> Soft Wheat Roll Smiley Fries Pears Milk	<u>Whole Grain Pancake E</u> Turkey Sausage Links Tator Tots Fresh Apple Milk
<u>WG French Toast Sticks</u> Sausage Patty Hash Brown Patty Fresh Fruit Milk	<u>Breaded Chicken Filet Sandwich</u> on Soft Wheat Roll Baked Beans Sliced Pears Milk	<u>Bread & Cheese Stick D</u> Dipping Meatsauce Mixed Vegetables Fresh Orange Slices Milk	<u>Chicken Nuggets</u> Dipping Ketchup Steamed Whole Kernel Corn Mixed Fruit Milk	<u>Pizza Wedge D</u> Cucumber Slices Fresh Apple Wedges Milk

